



哲学の道

KYOTO UNIVERSITY

Graduate School of Advanced Integrated Studies in Human Survivability (GSAIS)  
Mindful Living Research Group

Online Mini-Workshop

# Mindfulness in Context: Perspectives from Tibetan and Japanese Traditions

Friday 2nd July 2021, 15:00-17:15 (JST, UTC+9)

Please register by sending an email to: [philosophia@gsais.kyoto-u.ac.jp](mailto:philosophia@gsais.kyoto-u.ac.jp)

Indicating name & affiliation, then Zoom link will be sent to you

Registration deadline: July 1st, 2021, 16:00 (JST)

**15:00-15:25 Mindfulness in Tibetan Traditions: Characteristics of Mind and its Focus**

by Lobsang Gnon na, GSAIS 3<sup>rd</sup> year student



**15:25-15:50 The Various Significations of Mindfulness from India to Japan via China: From *smṛti* to *nen* 念**

by Masaki Nomura, GSAIS 2<sup>nd</sup> year student



**15:50-16:15 Re-envisioning International Education with Mindfulness: Possible Contributions from Kyoto**

by Ryotaro Kusumoto, GSAIS 3<sup>rd</sup> year student



**16:15-16:40 Clinical Research on Mindfulness at Kyoto University: Rediscovering our Japanese Sensibility**

by Sanae Kishimoto, MHS, MPH, Clinical and Public Health Psychologist



**16:40-17:15 General Discussion, Q&A**

Discussant: Yuki Imoto, Keio University Assistant Professor

Moderator: Marc-Henri Deroche, GSAIS Associate Professor

